

# SERVICE OFFERINGS

		Description	Highlights	Requirements & Funding
Fiscal Services	<b>PERSONAL SUPPORT</b>	Personal Support is a licensed service designed to provide the recipient with 1:1 staff support and supervision in the recipient's home and community.	<ul style="list-style-type: none"> <li>Allows the recipient to manage the direct hiring and scheduling of their staff</li> <li>Employment or Day Services can be added without affecting your budget</li> </ul>	Funding: Minnesota Home and Community Based Service Waiver
	<b>CONSUMER DIRECTED COMMUNITY SUPPORTS (CDCS)</b>	CDCS is a self-directed service model that allows the recipient to direct their own funding through a budget allowance based on the recipient's needs.	<ul style="list-style-type: none"> <li>Allows recipient to hire people they know, such as a family member, friend or neighbor to provide care and support</li> <li>Allows the recipient to manage the direct hiring and training of their staff</li> <li>Allows for the recipient to purchase goods and services to support them in their home and community</li> <li>After graduation, you can increase your budget by 20 percent for employment and day services to remain self-directed</li> </ul>	Requirement: An approved plan indicating how the allocation will be spent by the county of financial responsibility.  Funding: Minnesota Home and Community Based Service Waiver
	<b>PCA CHOICE</b>	PCA Choice is a self-directed service option that allows for the recipient to direct the supports provided by a personal care assistants.	<ul style="list-style-type: none"> <li>Allows the recipient to manage the direct hiring and training of their staff</li> </ul>	Requirement: Meet the authorization requirements for PCA service and have an approved care plan.  Funding: Medical Assistance
	<b>CONSUMER SUPPORT GRANT (CSG)</b>	CSG is a self-directed service model similar to CDCS. The primary difference is that this is funded through the county as a monthly cash grant.	<ul style="list-style-type: none"> <li>Allows recipient to hire people they know, such as a family member, friend or neighbor to provide care and support</li> <li>Allows the recipient to manage the direct hiring and training of their staff</li> <li>Allows for the recipient to purchase goods and services to support them in their home and community</li> </ul>	Requirement: Must meet the county's eligibility requirements and have a county-approved plan on how the monthly grant will be spent.  Funding: Medical Assistance
Specialized Services	<b>MUSIC THERAPY</b>	Lifeworks Music Therapy uses innovative, therapeutic techniques to achieve person-centered results. By customizing the experience for each individual, Music Therapy can address challenges related to brain injuries, communication impairments, sensory processing, fine and gross motor skills, and anxiety. All sessions are provided by a board-certified music therapist.	<ul style="list-style-type: none"> <li>Individual assessment to identify needs and goals</li> <li>Group or individual sessions</li> <li>Music listening</li> <li>Playing instruments</li> <li>Assistive technology</li> <li>Multi-sensory environments</li> <li>Choirs, bands, and other performance opportunities</li> </ul>	Requirement: No participation requirements and all ages are welcome.  Funding: Medical Assistance, private pay
	<b>PERSON CENTERED PLANNING (IN DEVELOPMENT)</b>	Person Centered Planning services can help people to assess, plan, and design services to meet their life goals. Using our LifePlan tool and/or a variety of other person centered tools, we can help you to figure out how to achieve your goals, maximize your resources, and ensure you are in charge of your services and supports.	<ul style="list-style-type: none"> <li>Experienced Person Centered Planning Facilitator</li> <li>Leave with an action plan to achieve goal</li> <li>Ability to help you navigate service options, design, and funding</li> </ul>	Requirement: Support based on your personal preferences and goals. All ages are welcome.  Funding: Private pay
Employment Services	<b>EMPLOYMENT EXPLORATION</b>	Employment Exploration services are community-based services that introduce a person to competitive employment opportunities in their community and help them make an informed choice about whether they want to work. Employment Exploration is supporting an individual to see, hear, and engage in opportunities in the community, leading to employment themes or individual preferences, meeting people where they are, and guiding them on self-discovery.	<ul style="list-style-type: none"> <li>Job tours, transportation training, informational interviews, visiting continuing education options.</li> <li>Time limited</li> <li>Helps determine if you want competitive, integrated employment</li> </ul>	Requirement: No requirements for participation.  Funding: Medicaid waiver dollars, private pay
	<b>EMPLOYMENT DEVELOPMENT</b>	Employment Development services are one-to-one, individualized services that support a person to find a job that pays a competitive wage in the community. Employment Development services assist people with finding paid employment, becoming self-employed, or establishing microenterprise businesses in their communities. Lifeworks Career Placement Counselors are trained in the discovery process utilizing customized employment through Griffin Hammis and Mark Gould & Associates.	<ul style="list-style-type: none"> <li>Individualized job search</li> <li>Position restructuring</li> <li>Resume building</li> <li>Interview support</li> <li>Orientation support</li> <li>Skills assessment</li> <li>Transportation training</li> </ul>	Requirement: Must have a minimum of one hour of unsupervised time with willingness to increase to six hours.  Funding: Medicaid waiver dollars, vocational rehabilitation, private pay
	<b>EMPLOYMENT SUPPORT</b>	Employment Support services assist people with maintaining paid employment in community businesses. While Employment Exploration and Employment Development focus on helping people find jobs, Employment Support makes sure that they are able to keep them. Whether someone was just hired at a new job or they've been in a position for a while, Lifeworks can help. After assessing individual needs and goals, we'll work closely to provide the appropriate level of support and career progression.	<ul style="list-style-type: none"> <li>Individualized supports</li> <li>Orientation support</li> <li>On-the-job training</li> <li>Employment retention</li> <li>Career progression</li> <li>Support and development can be done simultaneously depending on goals</li> </ul>	Requirement: Must be employed in community.  Funding: Medicaid waiver dollars, vocational rehabilitation, private pay
Day Services	<b>COMMUNITY SKILL BUILDING (IN DEVELOPMENT)</b>	Community Skill Building provides a structured environment within the community where participants can engage in activities other than work. Participants meet at their own unique hub to learn and improve skills while engaging in the community with a staff member and a small group of peers. Community Skill Building supports people as they improve their navigation skills, learn to use public transportation, increase their independence, build natural relationships, and gain knowledge through authentic experiences as community members.	<ul style="list-style-type: none"> <li>Community workshops/experiences for integration and development. Volunteer opportunities (individual and group options).</li> </ul>	Requirement: Must have a minimum of 30 minutes of unsupervised time.  Funding: Medicaid waiver dollars, private pay
	<b>CENTER BASED SERVICES</b>	Lifeworks helps people connect to the community, engage with their peers, and utilize modern technology – all while receiving the highest quality care. In addition to social growth and interaction, Lifeworks also offers a variety of life-long learning options that are unique to each location, including community engagement, technology labs, gyms, music therapy and performance groups, and art studios.	<ul style="list-style-type: none"> <li>Lifelong learning curriculum</li> <li>Communication/technology support, music therapy, multi-sensory environments, art studio with artists in residence</li> <li>Volunteer opportunities</li> <li>Community partnerships</li> </ul>	Requirement: Requirements vary depending on a person's program plan.  Funding: Medicaid waiver dollars, private pay
	<b>TRANSPORTATION</b>	Transportation is required for center-based services if you are in our transportation area. For employment, we can provide support in accessing transportation, including becoming and maintaining certification for Mass Transit and Metro Mobility (must qualify). Lyft and Uber coming soon.		Requirement: No requirements for participation.  Funding: Medicaid waiver dollars, Vocational Rehabilitation, private pay