

## Timekeeping and Spending-Summary System Affordable Technology Resources

Below are technology resources for internet access and securing devices such as smartphones, computers, and/or tablets. Should you have any additional questions, please do not hesitate to reach out to us: 651-454-2732

### Internet Service Providers

Many internet service providers offer assistance programs at affordable rates. People who meet income or government assistance requirements may qualify for low-cost internet. Please note that some providers may require that you be a new customer with no outstanding internet bills. People who receive federal assistance may also qualify for Lifeline, the Federal Communication Commission's program that provides a discount of \$9.25 per month for either phone or internet.

Provider	Max Download Speed	Discounted Provider Price	Qualifying Programs	Lowest Price with Lifeline Assistance	How to Get It
<a href="#">AT&amp;T Access</a>	10 Mbps	\$10.00/mo.	SNAP	\$30.75/mo.	<a href="#">Apply</a>
<a href="#">CenturyLink</a>				\$35.75/mo.	
<a href="#">Cox Connect2Compete</a>	15 Mbps	\$9.95/mo.	NSLP SNAP TANF HUD	\$20.74/mo.	<a href="#">Apply</a>
<a href="#">Frontier</a>				\$10.75/mo.	
<a href="#">Mediacom Connect-2-Compete</a>	10 Mbps	\$9.95/mo.	NSLP	\$40.74/mo.	<a href="#">Apply</a>
<a href="#">RCN</a>				\$15.74/mo.	
<a href="#">Spectrum Internet Assist</a>	30 Mbps	\$14.99/mo.	NSLP SSI	\$35.74/mo.	<a href="#">Apply</a>
<a href="#">Internet Essentials from Comcast (Xfinity)</a>	15 Mbps	\$9.95/mo.	NSLP HUD Veteran government assistance Senior government assistance Pell Grant	\$20.74/mo.	<a href="#">Apply</a>

Anyone with Supplemental Security Income (SSI) can qualify for Spectrum Internet Assist. Internet Essentials from Comcast is one of the widest-reaching programs because its offer extends to veterans, seniors, and community college students who receive government assistance.

The shortcoming of these assistance programs is the low download speeds. Only Spectrum Internet Assist meets the requirements for high-speed internet. While you can check email and complete research online, speeds lower than 25 Mbps will result in a slowness when streaming video or using internet on multiple devices at once.

### **Computers and Internet Classes:**

- [PC's for People](#)  
Through electronic reuse this organization helps low-income individuals obtain computers and access mobile internet. For classes, including typing exercises, email, and other internet basics, visit: <https://www.ppl-inc.org/community-resources>
- [Internet Essentials from Comcast](#)  
Offers low-cost, high-speed Internet at home and affordable computers. For free classes near you, enter your ZIP code: <https://www.internetessentials.com/>

### **Additional Information and Resources**

- [Allconnect's Guide to Low-Income Internet Options and Affordable Internet Plans](#)
- [Cabletv.com's Free and Low-Income Internet Plans for Families, Seniors, and Students](#)
- [Cheap Internet's Low-Income Internet Service Providers](#)
- [Managing Your Money's Where to Get Free Computers for Low-Income Families](#)
- [Verizon's About Lifeline](#)